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Adult fitness equipment opens with demonstration, ribbon cutting on April 1

The highly anticipated opening of the new adult fitness equipment in Johnstone Park will take place on April 1, with a ribbon cutting and demonstration planned to begin at 2 p.m.

The “adult jungle gym” is causing a stir in fitness and recreation circles, with everyone from Cross Fitters and workout enthusiasts to Parks and Recreation personnel across the state taking notice. Innovative, durable and appropriate for all strength levels, the “cutting edge” fitness equipment is putting Bartlesville parks on the fitness map.

“This equipment has generated a lot of interest, and we’re really excited to be able to include it in our park system,” said Community Development Director Lisa Beeman. “We hope members of the public will join us in Johnstone Park on April 1 for the opening as well as a demonstration on how to use the equipment, thanks to Phillips 66 Fitness Services personnel and City Councilor Dr. Joseph Callahan.”

Following a ribbon cutting at the site on opening day, Phillips 66 Fitness Services Coordinator Sarah Green will perform a demonstration on proper use of the equipment. The presentation is coordinated by Phillips 66 Fitness Services Director Dr. Joseph Callahan, who represents Ward 4 on the Bartlesville City Council.

The City purchased the Move Strong T-Rex Fitness Station Fit Ground after months of research and obtaining input from local groups, including ConocoPhillips, Phillips 66, personal trainers and other health providers. While intended for adults, the equipment is suitable for all strength levels, from the “strongest to the weakest,” Beeman said.

According to Move Strong, the T-Rex Fit Ground is “specifically designed to weather tough outdoor conditions and allow for (year-round) functional fitness and bodyweight exercising for adults.” Features of the equipment include climbing apparatuses and ropes, dip posts, ab board, pull-up bars, rings, parallel bars, plyo steps, over-and-under posts, a 10-foot cargo net and a Monkey Bar Bridge.

